

kenjitsu training manual pdf

Alas ka Michael A. Abelsâ€¦â€¦â€¦â€¦â€¦â€¦â€¦..â€¦â€¦â€¦Distinguished Instructor/Excellence in Teaching
Mr. Ables is the Head Instructor of Sei Shi Kai Aikido ...

Year 2012 US Martial Arts Hall of Fame Inductees

Disclaimer Warning: Practicing with Sword Weapons Can Be a Dangerous Activity for Adults. Please Use
Caution! Michael P. Garofalo's E-mail. Valley Spirit Taijiquan

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